RISE UP AND SALUTE

Black consciousness for it permeates time—

Its embodiment and complexity are hidden within the African tradition and culture—

Rise up and salute the philosophy of the Sudanese Dogon religion and the Ethiopian Coptic Church—

Rise up and salute – pay everlasting homage to Osiris and all our Ancestors. Rise up and embrace as we celebrate an African philosophy, creativity, and symbolism as we greet each other in the spirit of Kwanzaa, "The First Fruits." HABARI – GANI

This is Kwanzaa—as we celebrate we must remember its architect, Dr. Maulana (Ron) Karenga who in 1966 emerged from our rich African heritage seven symbols and seven principles.

NGUZO SABA – (Noo-goo-zoo Sa-ba)

In Swahili the symbols are:

MAZAO Ma-zay-o Crops MKEKA M-kay-kah Mat

KINARA Kee-nar-ah Candle holder

VIBUNZI Ears of Corn (offspring of

our children)

ZAWADI Za-wah-dee Gifts KIKOMBECHAUMOJA Kee-kom-bee-cha-you-mo-ja Unity cup

MISHUMAA SABA

Seven candles--represent seven principles, one black (for the people), 3 red (for the blood of the people), 3 green (for the land of Africa)

Rise up—Rise up—Rise up

Rise up I say as we celebrate the seven principles (NGUZO SABA):

UMOJA Oo-mo-jah Unity—Dec. 26

KUJICHAGULIA Koo-gee-cha-goo-lee-ah Self determination—Dec. 27

UJIMA Oo-jee-mah Collective work and responsibility—Dec. 28

UJAMAA Oo-jah-mah Cooperative economics—Dec. 29

NIA Nee-ah Purpose—Dec. 30 KUUMBA Koo-um-bah Creativity—Dec. 31

IMANI Ee-mah-nee Faith—Jan. 1

Rise up as we embrace unity—in family and community.

Rise up in the spirit of self-determination as we define ourselves.

Rise up in collective work and responsibility as we rebuild and fortify our community, together...

Rise up in cooperative economics as we pool our resources and share our knowledge and wealth.

Rise up in purpose, as we maintain our tradition and culture.

Rise up in creativity, as we design and mould our self-expressiveness and identity.

Rise up in faith, as we embrace our people "in one" and in righteousness.

Again my brothers and sisters Rise up, rise up Asante sana Harambee (pull together).