

## ***Thoughts on Self-Emancipation Through "I" "Me" and "You".***

*To understand others one has to understand himself. Self development ensures self identity which can be measured by one's level of consciousness acquired through self study, analysis, identity, fostering human worth, growth, and understanding the forces and tools of conditioning and domination.*

*Self-emancipation conquers fear, while insecurity breeds contempt which is perpetuated through bigotry, racism, suppression, repression, self hate and violence.*

*Refinement of intellectual and artistic taste is an integral part of self attunement. This culture purifies and aids in unifying the human spirit with its external environment enabling one to respond and interact with his fellow man and thus create trust, models and complete and wholesome liberation.*

*Understanding self is the complex part of this analysis which focuses on "I", "Me" and "You". Looking at each separately in order to lay the groundwork for critical analysis of the whole "You".*

*"I" am the surface of the contradictions. Existence of "I" in the universe is brought about through the process of conception and the unlimited "I" develops and undergoes metabolism. This "I" just adapts to its environment without evaluation of the existence of "I", and the role "I" have to play in the functioning of the entire "I" (body). "I" am conceived, born and "I" am part of the universe and "I" am living, and acting according to the laws of the land or against it without taking time out to evaluate "I", and obtain a conception of "I" on or before conceiving. How many "I's" express the understanding of "I" but cannot state why they are here, what they are doing here and where they are going. The answer to "I" lies far beyond these, why, what, and where because to understand "I" is to act "I", do "I" and live "I". For "I" have to live with "I's" and all the "I's" have to understand each "I".*

*When this is accomplished conception will curtail and the \*dimension (n) of death would be accomplished and harmony would predominate or what then is higher than harmony. For the "I" at conception was harmonious and when the "I", is exposed to the universe a new condition was created.*

*The "Me" condition deals with the outward transformation of the "I" into me. Thus breaking up of the "I" into its component parts which is the evaluation of existing contradictions that affects the "I" setting, the final resolution for the "You" the "Me" format has to analyze and identify the present and unforeseen limitations of the "Me". To accomplish this task "Me" has to shut itself out from the universe and digest itself until all identifiable contradictions are established to unify "Me" with the "I". "Me" is operating in the universe of "I" which has its own contradictions so "Me" is unique that is to say in its evaluation "Me" has to understand the dynamics, and the complexity of the universe of "I" which when resolved begins the unification of "I" and "Me".*

*For "Me" expressed what unlimited "I" need not say because "Me" is within "I" and understands the struggle and climate that "I" is operating, ie, "Me" speaks for the "I". "Me" is subjective and to be subjective is highly personal. "Me" finds its opposite in "you" where the meeting and unification of opposites takes place and at this level consciousness is obtained as "Me" returns unto itself.*

*"You" the end product of "I" and "Me" finds itself as the expression unit by resolving contradictions. "You" formulates the strategy and approach to be used with the environment. It is action oriented. It modifies and shows the limitations of the uncultivated "I" and "Me". Polished "You" expresses what is understanding of the past, present and has a view into the future as it continues to develop into its harmonious thrust. This harmonious thrust is peace with thyself, understanding of life, the conquest of fear, the elimination of contradictions, \*eradication of death, the mastery of the body and its organs, and the end of reproduction.*

*"You" speaks for the whole person so when an evaluation is made on "You" individuals react, vibrate and set standards for others to follow, while they themselves do not understand the unspoken work within "You" (the individual).*

*"I", "Me" and "You" when understood create "YOU" and standards.*

*\*Death ceases to be death*